

# Sample Letter for Parents/Caregivers

Dear Parent/Caregiver,

Our school believes that to do well in school, students need to feel connected to their school community. In our ongoing effort to create a positive and caring school culture, we are having a Youth Frontiers Kindness Retreat®.

Youth Frontiers (YF) is a nonprofit organization that has been delivering retreats to schools since 1987. They provide schools with experiences that inspire character, civility and community so that our next generation of leaders is grounded in character. On the Kindness Retreat, the YF Programs Staff will focus on creating a more positive school community by engaging students in a variety of activities that build students' empathy skills and teach safe ways to help prevent unkind actions.

This high-energy, interactive retreat is scheduled on \_\_\_\_\_ for the \_\_\_\_\_ grade class and will be held at \_\_\_\_\_.

To reinforce the positive effects of the retreat, we believe it's important for the entire community to be involved in supporting and communicating the messages delivered on the retreat. Because of this, we encourage parents and caregivers to inquire about their student's retreat experience by asking the following questions:

1. What activities did you find fun?
2. What were the small-group leaders like?
3. What were some of the unkind actions going on at school that you discussed?
4. Have you been affected by the unkind actions?
5. Did you talk about how you as a class can work on that?
6. What was the most important thing you learned?
7. What is one thing you can do tomorrow at school to show kindness?

Visit [youthfrontiers.org/kindness-retreat](https://youthfrontiers.org/kindness-retreat) for more information on Youth Frontiers and to watch a video about the Kindness Retreat.

Sincerely,

School Principal or Staff Member

*\* This letter is also available in Spanish, Hmong and Somali versions on the YF website.*