

A collection of advice from leaders at the 2019 Youth Frontiers Ethical Leadership Luncheon on how to be present, humble and courageous leaders.

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Assume the person you are with might know something you don't.

Do what you say you will do. Be accountable.

Be curious. Don't be afraid to ask questions, to learn new things, or to include viewpoints different than yours.

Always see the good in people.

Forget yourself and focus on the problem.

Speak the truth, even when your voice shakes.

Asking for help is not a sign of weakness. It is a sign of courage.

Listen. Really listen, not only with your ears but also with your heart.

Don't be afraid to say "yes" to opportunities outside of your comfort zone.

Trust others and show them that you care. They will trust you back and together you will go further.

Lead with both truth and grace.

Hard work beats talent when talent doesn't work hard.

Slow down. Take time to understand the people and elements your decisions impact.

Be willing to forgive yourself as easily as you forgive your team.

Appreciate all that you learn and who you learn it from.

Everyone carries intangible qualities. They are what make us great and unique. Know what your intangibles are and use them to your advantage.

Listening well is often more important than your response.

Be able to laugh at yourself and keep a light spirit — even through difficult times.

Be brave with your voice.

Leadership is about being there for others. Help them become who they are meant to be.

Never fear failure. Fear never trying.

You will make mistakes. It is part of being human. The test of character is not being perfect, it is in how you handle your mistakes.

Life is for those who show up. Be engaged.

Stay intellectually curious and respect all points of view.

Be fair and generous with your time and talents to those around you.

Don't ask anyone to perform a task without being willing to do it yourself.

Always be in the moment. When you are present you foster connection, understanding and genuine respect.

You don't have to agree with everyone you meet. You do need to be kind.

Leadership involves authenticity. Find something about which you are passionate and invite others to support your vision.

Lead in a way that is consistent with you who you are as a person.

You are your own best advocate. Speak up. What do you want to learn? How do you want to grow?

Don't let anyone look down on you because you are young.

You can learn from wherever you are.

Never be afraid to speak up or challenge those around you. It makes the work of the team better to have different opinions.

You can influence those around you, but you can only control your own actions.

Bring your whole self to your work. You don't need to be loud to lead.

Always assume positive intent. Lead with more purpose and less fear.

You don't know it all, and you don't need to.

Where you're at today is not where you have to be in the future. Explore.

Be empathetic with those you disagree with. Remember we all want the same things, we may just have different ideas on how to achieve our goals.

Reach out to the lonely.

Pay it forward and pay it back. Use your platform to advocate for emerging leaders, and be gracious to those that paved the way before you.

Be more interested than interesting. Show you care.

You don't always have to be the smartest person in the room. True leaders are vulnerable.

The only person you should ever try to be better than is who you were yesterday.

Encourage continuously.

Being kind isn't an obstacle to achievement; it's the path.

Success depends on your backbone, not your wishbone. Do not wish your way. Speak up and back the ideas, dreams, people that you support no matter how popular or unpopular that may be.

Hold onto hope. It will get you through challenges and help you create a better world.

Always set the example you expect that others will follow.

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